## To Live in God's rest

"Keep me safe, O God, for in You I take refuge. I said to the Lord, "You are my Lord; apart from You I have no good thing." As for the saints who are in the land, they are the glorious ones in whom is all my delight. The sorrows of those will increase who run after other gods. I will not pour out their libations of blood or take up their names on my lips. Lord, You have assigned me my portion and my cup; You have made my lot secure. The boundary lines have fallen for me in pleasant places; surely I have a delightful inheritance. I will praise the Lord, who counsels me; even at night my hearts instructs me. I have set the Lord always before me. Because He is at my right hand, I will not be shaken. Therefore my heart is glad and my tongue rejoices; my body also will rest secure, because You will not abandon me to the grave, nor will You let your Holy One see decay. You have made known to me the path of life; you will fill me with joy in Your presence, with eternal pleasures at Your right hand." (Psalm 16: 1-11)

This psalm is a psalm of King David. It represent a man who lives in God's rest; whom God had given Him peace and rest from each and every side. What the beautiful thing that we can share here that this rest and peace you and me we can enjoy it and not only given for King David. For we know that God loves everyone He created, "For God so loved the world that He gave His One and only begotten Son, that whoever believes in Him shall not perish but have eternal life." (John 3: 16) Jesus came to the world to save sinners from sin and death. He carried away our sins when He died on the cross, was buried and rose from the dead on the third day to give eternal life to everyone who believe in His name and follow His steps in his life. From psalm 16 we can draw out three major themes that accumulatively can help us to receive rest and peace from God Almighty.

- 1) The marks of the believer: The True believer in Christ Jesus our Lord have the following marks:
- A.) He has a full trust in God: "Keep me safe, O God, for in You I take refuge." (Psalm 16: 1) God should be the object of our trust. Full trust in God is required before God can be our refuge. God should be trusted in each and every situation; not only for the easy situation but even for the impossible thing. Now the question for you, 'do you have full trust in God, or you are a shaky believer?' 'Do you easily get afraid and run away or you really trust God and stand firm?'
- B.) God is sufficient for him: "I said to the Lord, "You are my Lord; apart from You I have no good thing." (Psalm 16:2) Is God is sufficient for you? Are you contented with God or your eyes on something else? The Word of God tells us the following: "But godliness with contentment is great gain" (1 Timothy 6: 6) In trusting God and being satisfied with Him, He will be sufficient for us in each and every situation and this is a big victory.
- C.) He acknowledge the worth and he delights in the fellowship of the Saints: "As for the saints who are in the land, they are the glorious ones in whom is all my delight." (Psalm 16: 3) The Saints are the people who set apart as God's possession and in them His characters is seen. As the word of God admonish us. "Let us not give

- up meeting together, as some are in the habit of doing, but let us encourage one another-and all the more as you see the Day approaching." (Hebrews 10: 25) Do you love the fellowship of believers or the gossip of the non-believers? Do you love to hear and speak the Word of God or you love to tell lies and to hear fabricated stories?
- D.) The true believer shuns all false worship: "The sorrows of those will increase who run after other gods. I will not pour out their libations of blood or take up their names on my lips." (Psalm 16: 4) If you worship any other than Jesus you are worshiping idols. If you love anything or anyone other than Jesus then you are worshiping idols. "Dear children, keep yourselves from idols." (1 John 5: 21) And do not let your sorrows increase!
- 2) The present blessings of the believers: The man who have the above marks he would certainly have the following blessings:
- A.) He has a satisfied heart, "Lord, You have assigned me my portion and my cup; You have made my lot secure." (Psalm 16: 5) God is all what the believer needs to satisfy his hunger (with food) and his thirst (with drink).
- B.) He has a well marked boundary: "The boundary lines have fallen for me in pleasant places; surely I have a delightful inheritance." (Psalm 16: 6) To the faithful believer God would provide him with a well marked boundary and his ministry is well protected and well marked. What God had allotted for you and blessed you with no one will take it from you. Your borders are not invaded by the enemy; God is protecting you.
- C.) He has a Counsel from God: "I will praise the Lord, who counsels me; even at night my hearts instructs me." (Psalm 16: 7) From God you would receive correction and direction. Our heart will be at peace and comfort. God will remove fear and anxiety and we will be at rest with Him
- D.) God will be at right hand of the true believer: "I have set the Lord always before me. Because He is at my right hand, I will not be shaken." (Psalm 16: 8) You will find God besides you when you live in obedience to His commands. You will hide behind Him while you are in danger. He is your big support; your back up and your source of living.
- 3) The prospects of the believer: "You have made known to me the path of life; you fill me with joy in your presence, with eternal pleasures at your right hand." (Psalm 16: 11) In addition to the assurance of salvation and eternal life at God's right hand, we as we walk with God and obeying His Word, instructions and commands, God will bestow on us continuous showers of blessings
- My Dear and Beloved: "Therefore my heart is glad and my tongue rejoices; my body also will rest secure." (Psalm 16: 9) I will continue to rejoice in the Lord, I have a glad heart because my Lord had blessed me indeed, with eternal pleasures and salvation, therefore I will rest secure. The same will be for you if you trust your life to God; willingly obeying all His commands, you will have the abundant blessings as you pray.
- My Prayer: Father God I come before you in the name of Jesus who died for my sins on the cross to give me eternal life. Lord I confess my sins \_\_\_\_\_\_. Today I renounce them all. Lord I commit myself to obey all your commands. Help me Lord to do your will. This is my prayer in Jesus name, Amen.